



Wyndham Central College Career News

No. 01: 19 February 2018

WHAT IS 'CAREER NEWS' ALL ABOUT?

Career decisions are some of the most important ones of your life, so getting help in making those decisions is vital.

Career News is one source of information available to you.

Career News will be published fortnightly throughout the year, providing information about how to **choose a career**, about **information sessions** being held on various courses and careers, **Open Days** at institutions where you might want to study, **Career Expos**, insights into a number of **careers**, and where you can get help.

Students who do their research during Year 9-12 usually find it easier to make some career decisions at the end of Year 12.

CAREER TOOLS: ONLINE RESOURCE...

RE: wcccareers.com – the comprehensive online careers resource

Wyndham Central College has provided its students and their parents/guardians with a 'School Careers Website'. You can find 'Career Tools' on the Pathways Portal under Student/Parent Links on the College Homepage.

It's a "One Stop Shop" for students' needs with their Career Planning, Information, VCE, Post School Options and much more.

Students can also use it to create and save their resume.

The site is also designed with the parent/guardian in mind, to provide both students and parents/guardians with all the information needed about the students' Career/Pathway Planning and post school options – and the information is constantly changing in these areas.

The Careers Office, in the Wellbeing Centre, is a resource centre for our students with current institutional handbooks and brochures at their disposal. Students are invited to visit, browse and question. An open door policy exists to ensure students make informed decisions about future pathways. Initial Year 12 interviews will take place shortly to assist students with the momentous decisions facing them this year. Parents/guardians are welcome to take advantage of the services provided. Appointments can be made to discuss the future pathways of their children.

HOW CAN I CHOOSE A CAREER?

Many people say that basically they would like a job they **enjoy**, with the possibility of earning a reasonable **income**. **So how do you choose that job?**

Firstly, keep in mind that there isn't just one perfect job for you. There are several jobs that would suit you well, so you need to **explore the possibilities**.

First, think about what you **enjoy doing**.

For example, is it sport-related, scientific, reading/writing-related, helping people, information technology-related?

What do you enjoy **doing in your spare time**?

What **subjects** do you excel in at school?



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How important is it that you earn a lot of **money**?

Answering questions such as these will set you on a path to making some decisions.

If you like science, what type of science do you prefer – physics, chemistry, biology?

If you are creative, what is your speciality – music, drama, art, design?

If it is geography, perhaps you could be interested in urban planning, mapping or surveying.

If it is health, perhaps it is nursing, nutrition or public health.

If it is physics and maths, perhaps engineering.

Don't look too far ahead – you are not deciding on a life-time career. You will have several careers.

WHAT IS A CAREERS EXPO?

As a rule, career expos have representatives from **Universities, TAFE's, Independent Training Providers and Employer Groups** (eg Defence Force) in attendance to provide information and an opportunity to ask your questions. There are a number held throughout the year, some large ones running for a few days (eg the **VCE and Careers Expo** 3 May – 6 May @ Caulfield Racecourse), while others are **smaller regional expos** (eg @ WRICA Thursday 17 – Friday 18 May). Career Expos are of a **general nature and are a good starting point for some career exploration** - more information later.

WHAT IS AN OPEN DAY?

Universities, TAFE's and some Independent Providers open their doors, usually once a year on Sundays in August, for the public to **see facilities, attend information sessions, talk to staff and current students, and to check out clubs and societies**. These are useful for obtaining a **more in-depth experience** of a particular institution and its courses. Dates will be published soon (for your diary).

WHAT IS A CAREERS SEMINAR, AND WHY ATTEND?

Many institutions run **seminars about particular courses or careers**, often on week-nights or in school holidays. For example, **Monash** and the **University of Melbourne** run **evening seminars** on particular courses, while RMIT, La Trobe and Deakin run school holiday programs about their courses (note: this list is not exhaustive). In addition, seminars on studying **psychology, sport related careers**, and on **occupational therapy** have been run for many years. These programs give an in-depth picture of courses and career outcomes, and provide an opportunity to ask your questions. More information in later editions.

HOW CAN I ACCESS UNIVERSITY COURSES?

Many courses accept Year 12 graduates on the basis of their **ATAR** (Australian Tertiary Admissions Rank) and meeting any **prerequisite subject requirements**. Some courses, however, have **additional requirements** (eg an audition, a folio presentation, completion of a selection kit, attendance at an interview, testing). You are advised to check these out on the **Victorian Tertiary Admissions Centre (VTAC)** website (www.vtac.edu.au). Applicants for courses apply on the VTAC website, commencing in August each year. Up to eight courses can be applied for.



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For the Diary - Key Dates

Year 12 students Interested in Undergraduate Medicine & Health Sciences:

Applications to sit the UMAT (Undergraduate Medicine & Health Sciences Admission Test) are now open and registrations close Friday 1 June at 5pm.

The UMAT₂₀₁₈ will be held on Wednesday 25 July 2018 with results available mid-September.

For a list of courses which require UMAT, please lower down and for further information on eligibility criteria visit <http://umat.acer.edu.au>

For those interested in working in the Australian Defence Force:

Australian Defence Force Careers Expo

When:

Friday 23rd February: 9.00am - 3.00pm

Saturday 24th February: 9.00am - 5.00pm

Sunday 25th February: 10.00am - 4.00pm

Where: Royal Exhibition Building, 9 Nicholson Street, Carlton, Victoria.

Cost: Free! Also no RSVP required.

There will be virtual reality experiences, displays, helicopter simulators, ADF Recruiting Careers Counsellors and current serving members discussing the options available in the Air Force, Navy and Army. Plus lots more!

For all students wishing to maximize their VCE marks and ATAR score:

'Mastering the VCE' run by TSFX (The School of Excellence) Annual Fundraising Event.

When: Sunday 18th February, Saturday 24th February, Sunday 25th February

Cost: \$10 donation to the Fred Hollows Foundation.

Where: University of Melbourne

For full details: <http://www.tsfx.com.au>

For Everyone:

Melbourne Career Expo

When: Friday 20th July - 10.00am - 3.00pm

Saturday 21st July - 10.00am - 4.00pm

Sunday 22nd July - 10.00am - 4.00pm

Where: Melbourne Exhibition & Convention Centre, Door 9.

Cost: School bookings and children under 13 free, \$6 concessions, \$12 general admission, \$26 for families 2 adults and up to 3 children.

The Melbourne Careers Expo is the most comprehensive careers event in Australia. It encompasses all career opportunities from employment to education and training in the trades, corporate and professional sectors. It exhibits a vast array of career advice, employment opportunities, and large University and training representation.

For further details, visit: <http://www.careerexpo.com.au/attend/event-details/>



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UMAT Courses:

The University of Adelaide	Medicine, Dental Surgery
Charles Darwin University	Clinical Sciences
Charles Sturt University	Dental Science
Curtin University	Medicine
Flinders University	Clinical Sciences/Medicine
La Trobe University	Health Sciences in Dentistry/Master of Dentistry**, Oral Health Science**
Monash University	Medicine
The University of Newcastle/University of New England	Joint Medical Program
The University of NSW	Medicine
The University of QLD	Medicine (Provisional Entry), Dental Science
University of Tasmania	Medicine
The University of WA	Medicine (Direct Pathway), Dental Medicine (Direct Pathway)
Western Sydney University	Medicine
The University of Auckland	Medicine
University of Otago	Medicine, Dental Surgery

****UMAT only required for Non-Year 12 applicants.**

Please note – UMAT2018 results can only be used for undergraduate medicine or health science courses commencing in 2019.

It is important that students do not register for UMAT2018 unless they are planning to apply for a course beginning in 2019.



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Discovering Online Tools:

With a lot of important information and resources online these days, it can be quite overwhelming deciphering the most relevant and useful online resources.

There are some excellent online quizzes to help you **discover your strengths and establish your career pathway**. These websites are worth visiting:

- Skills Road – <http://www.skillsroad.com.au>
- My Future – <https://myfuture.edu.au>

It is also important to **research industry trends and employment projections**. Our top three websites are:

- Job Outlook – <http://joboutlook.gov.au>
- Youth Central – <http://www.youthcentral.vic.gov.au>
- Australian Government Department of Employment <http://lmip.gov.au> (employment projections report)

The Importance of Staying Connected With Your Preferred Learning Institutions Prior To Further Study:

Many courses accept Year 12 graduates on the basis of their ATAR (Australian Tertiary Admissions Rank) and meeting any prerequisite subject requirements.

Some courses, however, have additional requirements (e.g. an audition, a folio presentation, completion of a selection kit, attendance at an interview).

You are advised to check these out on the Victorian Tertiary Admissions Centre (VTAC) website (www.vtac.edu.au).

Applicants for courses apply on the VTAC website, commencing in August each year.

Up to eight courses can be applied for.

In addition, it is helpful to attend open days, seminars and information sessions at your preferred future learning institution(s). Universities, TAFE's and some independent providers open their doors, usually once a year on Sundays in August, for the public to see facilities, attend information sessions, talk to staff and current students, and to check out clubs and societies. These are useful for obtaining a more in-depth experience of a particular institution and its courses. Dates will be published soon for your diary.

Industry Focus – Health (*Nutritionist*):

Nutritionists study and provide advice about dietary habits to encourage the achievement of a healthy lifestyle. They may consult with individuals and groups about their dietary habits (food intake), assess their nutritional deficiencies and prescribe suitable diet plans. Further tasks that Nutritionists may undertake include:

- Planning, conducting and evaluating nutrition intervention programs and compile educational material.
- Liaise with other health professionals about nutrition, including controlled diets for people with special needs.



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- Monitor clients' progress and provide ongoing support with nutritional care.
- Collect, organise and analyse data relating to health and nutrition behaviours of specific groups and populations.

To become a nutritionist, you usually have to study nutrition, science, health science or applied science at university with a major in nutrition. You will need to gain your VCE with prerequisite subjects usually being English, Mathematics, Biology, Chemistry and Physics. However, some universities have different prerequisites and flexible entry requirements. The below table outlines the undergraduate options offered at universities in Victoria. Upon graduation, you can also apply for higher degrees such as an honours program or the Master of Dietetics.

University	Course	Qualification level	Duration	Prerequisites*
Deakin University (Burwood)	Bachelor of Nutrition Science	Undergraduate (1 st degree)	3 years full-time or part-time equivalent	Applicants should have successfully completed VCE, or equivalent, including Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL. ATAR 63.5
Deakin University (Burwood)	Bachelor of Nutrition Science/Bachelor of Commerce	Undergraduate (1 st degree)	4 years full-time or part-time equivalent	Applicants should have successfully completed VCE, or equivalent, including Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL. ATAR 68.2
Deakin University (Burwood, Warrnambool, Waurn Ponds (Geelong))	Bachelor of Health Sciences	Undergraduate (1 st degree)	3 years full-time or part-time equivalent	Entry for school leavers will be based on their performance in the Victorian Certificate of Education (VCE) or its equivalent, with pre-requisite units 3 and 4; a study score of at least 30 in English EAL (English as an additional language) or 25 in English other than EAL. Applicants will be selected in accordance with the published clearly-in Australian Tertiary Admission Rank (ATAR) for that year. ATAR 60.5



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Federation University - (Gippsland, Mount Helen, Off-campus)	Bachelor of Food and Nutritional Sciences	Undergraduate	3 years minimum duration	Units 3 and 4: a study score of at least 20 in any Mathematics; Units 3 and 4: a study score of at least 18 in any English.
RMIT University (City / Bundoora)	Bachelor of Science (Food Technology and Nutrition)	Undergraduate	3 years minimum duration	Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL; Units 3 and 4: a study score of at least 20 in any Mathematics. ATAR 68.75

University	Course	Qualification	Duration	Prerequisites*
La Trobe University (Bundoora)	Bachelor of Human Nutrition	Undergraduate	3 years minimum duration	Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL; Units 3 and 4: a study score of at least 25 in two of Biology, Chemistry, any Mathematics, Physical Education or Physics. ATAR 61
Victoria University (Footscray Park)	Bachelor of Human Nutrition	Undergraduate	3 years minimum duration	Units 3 and 4: a study score of at least 25 in English (EAL) or at least 20 in English other than EAL; Units 3 and 4: a study score of at least 20 in one of Biology, Chemistry, Health and Human Development, any Mathematics or Physical Education.
Monash University (Clayton)	Bachelor of Nutrition Science	Undergraduate	3 years minimum duration	Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL; Units 3 and 4: a study score of at least 25 in one of Biology or Chemistry. ATAR 75.25
Australian Catholic University (Melbourne)	Bachelor of Nutrition Science	Undergraduate	3 years minimum duration	Units 3 and 4: a study score of at least 30 in English (EAL) or at least 25 in English other than EAL. ATAR 58.75



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*The ATAR scores listed are an approximate only. For more detailed information, please make contact with the relevant learning institution.

It is worth noting that Victoria University (campuses in Melbourne, Footscray and St Albans) offer scholarships in Health & Biomedicine. This involves admission into specific Health & Biomedicine undergraduate degrees and funding of up \$5,000 per year for 4 years. ATAR for this is to be 90.00 or higher.

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