



# The Wyndham WAY

*Respect, Co-Operation & Excellence*

Shaws Road, Werribee VIC 3030 Phone: 03 9741 4911 Fax: 03 9741 9367 Email: [wyndham.central.sc@education.vic.gov.au](mailto:wyndham.central.sc@education.vic.gov.au) [www.wyndhamcentralsc.vic.edu.au](http://www.wyndhamcentralsc.vic.edu.au)

Our aim is to keep parents informed of upcoming events and important dates to remember and to celebrate the term.

15<sup>th</sup> May 2023

## FROM THE PRINCIPAL'S DESK

Education is the one  
thing no one can take  
away from you!

### From the Principal's Desk

Dear Wyndham Central College community,  
Please take the time to read the relevant year level and other reports within this newsletter which outlines some of the excellent class work and extra curricula activities that our students are achieving and participating in at school. It is always pleasing when student's make the most of the opportunities offered to them and that they achieve their best. There are many examples, throughout this newsletter, where our students have participated and excelled in many different areas, so I encourage you to read the newsletter reports as we celebrate our school community.

### Parent Teacher interviews

It was good to see so many families attending our parent/teacher interviews at the end of term one which enabled our teachers to be able to share the progress of your child's school work and set learning goals, to support all students to continue to develop and learn. I hope that the guidance and support given from teacher's will help students to improve and reach their full academic potential. Feedback is very important along with a growth mindset and endeavour.

Please remember that your first point of contact, if you have any concerns, is your child's Tutor Teacher.

COMPASS is an effective way to communicate with teachers at school or by phoning the College. As we know, when parent's/carer's are actively involved in conversations with their son's/daughter's about their education the outcomes are far more positive. When this is combined in a three-way partnership with teachers, the outcomes and opportunities are more successful, so please feel free to seek support when needed.

### Attitudes to Schools Survey

Students from Years 7 through to 12 are currently completing the Attitudes to Schools Survey. The College values the input of all student's and will once again be using the survey results to ensure that we continue to improve our programs and whole school learning environment. We have always valued student feedback and we encourage our students to utilise the Student Representative Council (SRC) as one form of student voice. We also utilise classroom survey's, called PIVOT, with student's so that they can give direct feedback to their teachers about the learning occurring in their classes. This enables us to support the continuation of best practice in teaching and learning at Wyndham Central College.

## IMPORTANT DATES

16 May	AVID/ACCELERATION Parent Student Information session – 6pm online
25 May	AVID/STEM/Football Program Parent Student Information session – 6pm online
1 – 8 June	Year 11 & 12 exams
5 – 8 June	Year 9 & 10 exams
7 – 8 June	Year 7 & 9 exams
9 June	Student Free – Assessment Day
12 June	Public Holiday – Kings Birthday
13 June	Semester 2 starts
15 June	Year 10 Straight Talk
23 June	Last day of Term 2
10 July	Start of Term 3

### Newsletter Content

- ❖ Important dates
- ❖ Principal's Report
- ❖ College Information
- ❖ Assistant Principal's Report
- ❖ Year Level Leaders' Reports
- ❖ Careers News
- ❖ Sports News
- ❖ Link Centre – Community Hub News
- ❖ College News
- ❖ Clubs
- ❖ Administration Requirements

### Parent Bulletin

This newsletter is additional to the weekly information provided in the Parent Bulletin emailed each Monday.

**IT'S NOT OK TO BE AWAY**

**Be at school on time, in uniform and ready to learn**



### **Multicultural week**

The 15th – 19th May is a week of celebrations at Wyndham Central College where we have an exciting week of activities planned for Multicultural week. This week focuses around mutual respect and understanding, regardless of cultural, religious, racial and linguistic backgrounds. Multicultural week is a time to celebrate Australia's cultural diversity which is a core part of our identity, our character and way of life.

### **Mobile Phone policy**

A reminder that in accordance with the department's Mobile Phone Policy, issued by the Minister for Education, personal mobile phones must not be used at Wyndham Central College during school hours (8.50am-3.04pm), including break one and two and need to be stored in lockers unless an exemption has been granted by the Principal.

### **Mid-Year examination's**

Good luck to all students as they prepare for their mid-year examination's. A reminder that student's need to spend time preparing for their exam's and I encourage all students to commence a revision and study plan utilising AVID strategies.

The GAT (General Achievement Test) is on Thursday 15th June in the College gymnasium (compulsory for all Year 12 student's and any Year 11 student's studying a Year 12 subject).

The GAT plays an important role in the quality assurance of VCE assessment's and provides students with an opportunity to demonstrate they meet the Victorian Literacy and Numeracy Standards expected at a senior secondary level. No special study is needed, however past study of subjects like English, Mathematics, Science and History prepares students for the GAT by building their general knowledge and skills in writing, numeracy and reasoning.

Below are some study tips that may assist students with exam study:

- Use a school diary for planning.
- Create 'to do' lists - don't leave things to the last minute.
- Draw up a home work timetable using a calendar to plan activities listing study requirements, SAC's, exams and deadlines for assignments.
- List exam dates and other commitments.
- List due dates for essays and work backwards to set mini deadlines for each stage.
- Prioritise each task to help achieve goals, to avoid being overwhelmed by what has to be done and then rushing at the end.
- Maintain a balance between study and recreational activities.
- Use a clear flat space for regular homework and study – not a bed or a couch.
- Organise your equipment.
- Keep your school work in an easily accessible spot.
- If possible, choose a space away from distractions, such as television.

I would like to encourage all families of our College to work with us to develop positive relationships between students, teachers and parents/carers and we encourage open and respectful, two-way communication.

**Bryan Woollard - Acting Principal**  
**Creating a Community of High Expectations**

### **School Parking**

**Please see below information from Connect with Us – Road Safety – Wyndham**

*We would like to remind all schools that we take a proactive approach to children safety around school zones, and we have put a number of strategies in place to ensure drivers doing the wrong thing are held to account.*

*Parking officers will be out on patrol and will be looking for parking offences such as stopped within 20 metres before or 10 metres after children's crossing, stopped contrary to a no-stopping sign, stopped on nature-strip, stopped double parked, stopped within 10 metres of intersection, stopped on footpath, stopped on or across driveways.*

*It would be of assistance if you could remind parents in your newsletters that parking patrols are conducted all-year-round every day of the week and that it is important to park legally to protect children and families around schools.*



## Annual privacy reminder for our school community

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the [Schools' Privacy Policy](#).

Please take time to read our school's [Privacy Collection Notice](#), found on our website.

We ask parents to also review the [guidance we provide](#) on how we use [Microsoft 365](#) safely at the school and what parents can do to further protect their child's information. If after reviewing the guidance, you have any questions or concerns regarding your child using Microsoft 365, please contact the school.

For more information about privacy, refer to: [Schools' Privacy Policy — information for parents](#). This information is also available in ten community languages:

- |            |              |            |            |
|------------|--------------|------------|------------|
| • Amharic  | • Arabic     | • Dari     | • Gujarati |
| • Mandarin | • Somali     | • Sudanese | • Turkish  |
| • Urdu     | • Vietnamese |            |            |

## IMPORTANT VICTORIA GOVERNMENT REGULATIONS

**Families are asked to support your child to follow the mobile phone use policy and to support your children to become safe and responsible technology users. This is a Victorian Government regulation.**

### Please ensure your child follows the Mobile Phone Policy for All Schools Students

Victorian schools implemented a mobile phone policy in 2020. This policy continues in 2023.

It helps focus students' attention on learning in the classroom by providing them with:

(a) a safe environment to learn without inappropriate mobile phone use (including cyberbullying) or distractions

(b) greater opportunities for social interaction and physical activity during recess and lunchtimes.

The use of technology is important, but the risks and benefits from its use needs to be carefully managed. A summary of research articles is available via the resources named below. It provides the reason for the policy, including concerns about the impact of overuse of mobile phones on thinking and learning, health and wellbeing.

Students will still be able to bring a mobile phone to and from school, but it will need to be turned off and stored securely away in the school supplied lockers for the entire school day. Parents or carers can still contact their children through the school office in emergencies.

If your child cannot follow this process they are asked to leave their phones at home or hand them in to be looked after for the day.



## Staying COVID safe

It is strongly recommended that::

- Parents/carers should complete the Student COVID-19 COVID Test Portal if a student tests positive to COVID-19 (via a PCR or rapid antigen test).
- Students who report a positive result are recommended to isolate for a minimum of 5 days and not attend school until their symptoms have resolved. Students who isolate as a result of a positive COVID-19 test will be supported in the same way as students with an extended absence due to illness or injury, with learning materials provided to support their continued learning.
- A student or visitor who is symptomatic should be recommended to undergo testing for COVID-19.

## **Rapid antigen testing**

It is recommended that rapid antigen tests (RATs) are used by students and staff:

- If you have symptoms of COVID-19 infection, no matter how mild
- If you are a household or close contact of someone who has COVID-19
- If you are a social contact of someone who has COVID-19.



The Department of Health recommends that all Victorians should report their positive RAT result to the Department of Health online, or by calling 1800 675 398.

### Face masks

Staff and students who wish to wear a face mask should be supported to do so, and schools will continue to make face masks available for staff, students and visitors. The Department of Health recommends that masks should be worn by a person who is a close contact of someone who has tested positive for COVID-19 when leaving home.

Additionally, the Department of Health recommends that masks should be worn by a person who has COVID-19, for at least 7 days after a positive test, when they need to leave home.

### Ventilation

Schools will continue using air purifiers, external ventilation maximised and good personal hygiene is encouraged.

### Remain vigilant for COVID-19

It is important for students to manage any hay fever or asthma symptoms, as these conditions can produce symptoms such as fever, chills, cough, sore throat, shortness of breath, runny nose, and loss or change to sense of smell or taste, which are similar to COVID-19 symptoms.

If your child experiences these symptoms in different or worse ways to their usual hay fever or asthma symptoms, medical advice should be sought.

### Attendance / Non Attendance Process – Reminder

Please report all known absences to the Attendance Officer, Ms. Carol Mills by:

- Calling the College on 03 87448900 and selecting Option 1.
- Texting the College on 0428 210 574 (attendance line) direct
- Emailing the College at [attendance@wyndhamcentralsc.vic.gov.au](mailto:attendance@wyndhamcentralsc.vic.gov.au)

If your child has been absent please send a note with your child including their name, tutor class and reason within three working days to explain his/her absence. For further information please see the Attendance Policy on Compass or the Department of Education parent website.



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#### Fact sheet for parents/carers from the Department of Education

If your child is sick or absent, you are required to notify their school as soon as possible **on the day of absence** using one of the following methods:

1. **Online:** Log the absence directly using our school's IT platform - Compass
2. **Telephone:** The school's Attendance Officer, Mrs. Carol Mills on 03 87448900 (Option 1 for attendance) and let her know your child's name, class, date of absences and reason.
3. **Email:** Your child's tutor teacher, via Compass and provide the staff with your child's name, class, date of absences and reason for absence.

Notifying the school of your child's absence either prior to, or on the day that they will be away, helps ensure the safety and wellbeing of children and will fulfil your legal responsibility.

#### Why do I need to notify the school if my child is absent?

Schools need to know when and why a child is absent and you need to know if your child isn't at school.

From the end of Term 2 2018, all Victorian government schools are required to contact parents/carers as soon as practicable on the same day of an unexplained student absence. If your child is absent on a particular day and you have not contacted the school to explain why, the absence will be marked as unexplained.

This system also promotes daily school attendance. **Going to school every day is the single most important part of your child's education, they learn new things every day – missing school puts them behind.**

#### What is your responsibility?

You are legally required to ensure your child attends school every day or you must provide an explanation for their absence. You should let the school know in advance of any upcoming absences or let them know in the morning if your child won't be at school. In order for schools to implement the same day notification requirement, it's essential that you provide the school with your most up-to-date contact details.



Generally one notification will be sent per family. Should there be circumstances that require both parents and carers to be notified, please contact the school to make the necessary arrangements.

### **What is the school's responsibility?**

The school must notify you of an unexplained absence in relation to your child as soon as practicable on the same day. Schools will let you know either by your school's online communications app, SMS, phone call or email. If you can't be reached because the school does not have your correct contact details (i.e. changed phone number, SMS/email failure notification received etc.), the school will attempt to make contact with any emergency contact/s nominated on your child's file held by the school. Where possible, this contact will be made on the same day of the unexplained absence.

### **Where can I learn more about the process for managing student absences?**

Ask your school for a copy of the *Attendance Policy* which outlines the school's processes and procedures for monitoring, recording and following-up of student absences.

## **College Information**

### **Road Safety – Keeping students safe**

In the interest of student safety and the efficiency of the school buses, please do not park in the yellow painted curb from **2.45pm-3:15pm**. The school buses experience difficulties turning at the end of the road which delay the service and the pickup of students. This increases the risk to student safety and the damage to motor vehicles. Please be mindful of parking when picking up your children and do not block the local neighbours' driveways.

### **Bell Times**

Reminder of School Bell times and the importance of students being in class on time.

Homeroom	8.50 – 8.58 am	Break 1	11:30 – 12:00 pm	Session 4	1:52 – 3:04 pm
Movement	8:58 – 9:03 am	Locker	12:00 – 12:05 pm	Detention	3:04 – 3:34 pm
Session 1	9:03 – 10:15 am	Session 3	12:05 – 1:17 pm		
Movement	10:15 – 10:18 am	Break 2	1:17 – 1:47 pm		
Session 2	10:18 – 11:30 am	Locker	1:47 – 1:52 pm		

Reminder – **Home room tutor time attendance each morning is compulsory** – during this time students receive all relevant class/school information.

## **Students on school premises Before School & After School**

*Please see below an extract from Wyndham Central College's Supervision and Duty of Care Policy*

Student safety at Wyndham Central College is our highest priority and the safe and appropriate supervision of students is an important element of our duty of care to students. Part of this duty is ensuring parents and students are aware of our student supervision arrangements before and after school.

**Before school:** School grounds are supervised at 8.30am. The areas supervised are the basketball courts, Shaws Road gate (entrance) canteen area and external toilet block 1. Students are not to enter buildings without staff supervision and not enter the out of bounds areas.

**After school:** School grounds are supervised until 3.40pm. The areas supervised are basketball courts, bus stops on both Shaws Road and Market Road extension. Students are not to enter school buildings without staff supervision; this includes homework and break time clubs.

Students on school grounds outside these times will not be supervised (unless they are attending a before or after school program or supervised extracurricular activity).

Parents/carers are requested to ensure that students do not attend school outside of these supervised times unless they are attending before or after programs, or a pre-arranged supervised activity (i.e. sports practice).

Families are encouraged to contact the Administration office to speak with the Year 7-12 Assistant Principals for more information about the before and after school programs available to our school community or if you would like any further information about our student supervision arrangements.

For a copy of our school's Yard Duty and Supervision Policy parents/carers can access a copy of the fully policy via the parent portal on Compass or by contacting the school administration office. This policy includes Wyndham Central Colleges' student supervision arrangements across the school day, including before and after school.

Supervision will include the following:

- Monitoring of entry or exit points and/or designated pick up and drop off areas
- Supervision of the arrival and departure of school contract buses

At Wyndham Central College yard duty supervision at the beginning of the school day will commence at 8.30am. This supervision will include **Buses Location 1 and Buses Location 2**.

Yard duty supervision at the end of the school day will be provided until **3.40pm for all students**. This supervision will include **Buses Location 1, Buses Location 2, Shaw's Road near the Gate Location 7 each until 3.30pm**.

**DET – Detention Duty until 3.34pm.**

**Supervision is provided if students are needed for CAT/SAC resits until 4.15pm.**

If a parent, guardian and/or carer (or other authorised person) drops off or otherwise arranges for a student to be on the school premises before supervision commences at the beginning of the day, the Principal or via the Assistant Principals or the Year Level Leaders will, as soon as practicable, follow up with the parent, guardian and/or carer to:

- advise of the supervision arrangements before school, and
- request that the parent, guardian or carer make alternate arrangements.

If a parent, guardian and/or carer (or other authorised person) has failed to collect the student after school, the next steps may include some or all of the following:

- Attempting to contact the parents, guardians or carers
- Attempting to contact the emergency contacts
- Contacting the Victoria Police and/or the Department of Human Services (Child Protection) to arrange for the supervision, care and protection of the student.

Thank you in supporting our students to remain safe by following this policy.

### **School Nurse**

A reminder to ensure all **medical plans** for your children are up to date. Please feel free to contact Ms. Claudia Jara, the School Nurse on 03 87448900 to discuss any medical needs. If students are unwell at school, they are required to attend First Aid and the school nurse will then contact the family if it is deemed necessary. If your child calls you directly, please tell them to go to First Aid for medical attention. If your child is being tested for COVID 19 or has tested positive, please notify the college immediately. Your child must remain home for 5 days, but if symptoms continue, then please isolate for 7 days.

### **School Gates**

**The school gates are closed at 8.45 am** to facilitate students arriving to class on time. Students must report to the administration area after 8:45 am, to obtain a late pass. Consequences for lateness will apply. Your child should have a note to explain a known lateness.

### **Bike storage at school**

It is important that all bikes are locked onto the racks with a bike lock or padlock and chain. This message has been communicated to all students however we would appreciate it if you could remind your son/daughter of this requirement. A bike helmet is also a legal requirement. Please note: Skateboards and scooters are not allowed in the school grounds.



### Emergency Management Plan

The Wyndham Central College Emergency Management Plan is tested regularly to ensure the safety of all students, staff and school visitors in the event of an emergency situation. As part of this plan we conduct four emergency drills per year, two lock down drills and two fire drills and students are made aware of when a drill is scheduled.

### Secondhand Uniform

We are asking for your assistance with donations of any items of uniform that your child/children have grown out of or not using anymore. If you can assist, please drop off secondhand uniforms to the front office and we will issue to other students within the college as necessary. Thank you for your support.



After their first term at Wyndham Central College, it has been great to see the year 7's come back from the term holidays refreshed and ready for a big term 2. We have already completed three weeks and it has already been busy. It will continue to be busy with the many events occurring this term, including Multicultural Week, Attitudes to School survey, jobs expo and exams. The Attitude to School survey is important to be able to gather the opinions of students and use the feedback to see how we can further improve their experiences at the College. The jobs expo will give students the opportunity to look at various jobs and careers, and the exams a way to test their knowledge and skills gained throughout term 1 and 2.

As the weather is starting to get cool, a reminder that students should now be wearing the winter uniform. If there are families who need support in getting the correct items, please ask your child to speak to their tutor teacher or a member of student services. I look forward to continuing working with the year 7's in their first year of secondary school and enhancing their educational opportunities.

**Ashley Rowe – Assistant Principal – Year 7**

### YEAR 7 REPORT

Welcome to the latest edition of our school newsletter.

Our students have hit the ground running this term, and it has been wonderful to see so many of them starting positively. We are proud of their resilience and dedication to their studies, and we are looking forward to seeing what they can achieve this term.

In addition to their academic pursuits, our student's have been enjoying a range of extracurricular activities. Cross country has been a particular highlight. It has been fantastic to see the enthusiasm and determination on display, and we are proud of all our students who have taken part.

We know that a positive attitude and a healthy mindset are crucial to success, both in and out of the classroom. That's why we encourage our students to embrace challenges, stay focused on their goals, and support one another along the way. We believe that with hard work, determination, and a positive attitude, our students can achieve great things. We know this will hold them in good stead for their first secondary school exams on the 7th and 8th of June.

As always, we are committed to providing a safe and supportive learning environment for all our students. This week student's will be taking part in multicultural week. We are excited to see the student's represent their cultures, and learn **about other** cultures, through a variety of break time activities. A reminder that this Wednesday we encourage students to dress up in cultural dress.

Thank you for your continued support, and we look forward to working with you throughout the term.

**Liam Clifford – Year 7 Level Leader**

[liam.clifford@education.ivic.gov.au](mailto:liam.clifford@education.ivic.gov.au)

## YEAR'S 8 & 9 REPORT

It's hard to believe we are almost half way through this very busy term, but as a short 8 week term it will be semester 2 before we know it. The students will be having a busy time over the next few weeks preparing for exams and finalising assessments. End of semester reports will also be distributed before we move into semester two. If you have any questions about this as always contact your child's tutor teacher.

Some of you may not be aware of the well-being services we offer through our Student Services Hub. We have recently expanded the team and increased the number of allied health workers we have visiting the school to support our students. Our Hub is led by Rebecca Kania who is a qualified social worker, Rebecca coordinates the centre and ensures we meet the well-being needs of all of our students.

We also have recently employed Rachael Robinson as our Disability and Inclusion lead, Rachael will be working with our students that need additional support at school. The other roles we have in the team are a Mental Health Practitioner and visiting school psychologists, we have two well-being counsellors, a secondary school nurse, a lawyer and an engagement coordinator. If you have a child at home you believe needs extra support, please talk to your child's tutor teacher or year level coordinator and they will put a referral in for the team to process.

With the colder weather fast approaching please ensure your child has the correct uniform items. A reminder that items such as hooded jumpers and track suit pants are not to be worn at school. If you need support with uniform items please tell your child to go to student services and we will assist.

**Megan Taylor – Assistant Principal – Years 8 & 9**

### YEAR 8 REPORT

The Year 8's have had a wonderful start to term 2. The cross country was held last week and a number of students were able to show off their athletic abilities. Everyone had a great time. Thanks to Rylie Stonehouse and her team for running such a great day.

The year 8 cohort continue to run their own assemblies which are always well received by both students and staff.

On Wednesday 24th May there will be a presentation on the 2024 -year 9 STEM (Science, Technology, Engineering and Maths) Elective and classes, the football academy and AVID elective. A Year 8 into 9 Parent Student Information session on Teams will be held on Thursday 25th May at 6pm for interested parents and students. Application forms for these electives are due Thursday 1st June.

On May the 25th we will have our jobs expo. Professionals from outside the school will be running workshops giving our students careers advice and valuable real-life advice on working life. Thank you to Pina Siragusano our careers leader for organising and running this event. It is a great opportunity for our students to gain insight into what is in store for them after high school.

Just a friendly reminder about the Semester one exams for Year 8, which will commence on Wednesday 7th of June concluding on Thursday 8th June.

I'd like to thank the year 8 team for supporting the cohort. Everyday I am humbled by the effort and dedication that our staff show in supporting the educational, social and emotional needs of students.

We look forward to supporting your child/children throughout their time at Wyndham Central College.

**Allan Nilsen – Year 8 Level Coordinator**

[victoria.webster@education.vic.gov.au](mailto:victoria.webster@education.vic.gov.au)



## **YEAR 9 REPORT**

Our students have carried the momentum and it has been wonderful to see so many of them starting positively. We are proud of their resilience and dedication to their studies, and we are looking forward to seeing what they can achieve this term.

In addition to their academic pursuits, our students have been enjoying a range of extracurricular activities. Cross country has been a particular highlight. It has been fantastic to see the enthusiasm and determination on display, and we are proud of all our students who have taken part. In the coming weeks we are excited for our students to complete roller skating as part of our sporting engagement program. Our tutor time continues to focus on social and emotional learning, and it is great to see the mini communities that are growing within our cohort.

Our students are remaining focused ahead of the upcoming exam period. All staff are ensuring that our Year 9's are embracing challenges and using a range of strategies to prepare them for the exams, which run from Monday 5<sup>th</sup> June to Thursday 8<sup>th</sup> June.

As always, we are committed to providing a safe and supportive learning environment for all our students. This week students will be taking part in multicultural week. We are excited to see the student's represent their cultures, and learn about other cultures, through a variety of break time activities. It has been wonderful to witness the hard work and preparation that different cultural groups have been doing to best prepare for what is always a wonderful week for our college.

A reminder that this Wednesday we encourage students to dress up in cultural dress, along with a gold coin donation.

Thank you for your continued support, and we look forward to working with you for the remainder of Semester 1, looking ahead to the rest of 2023.

**Grant Puxley - Year 9 Level Leader**

[grant.puxley@education.vic.gov.au](mailto:grant.puxley@education.vic.gov.au)



Welcome back to term 2, although it has only been a couple of weeks, there are some important updates and reminders for this term. Early in the term we held our Careers Information session's for Year 10 and 11. Ms Siragusano presented information around the course selection process for this year, thanks to the families who attended the night, it was great to hear how valuable the sessions were.

A reminder that students need to study for their upcoming exams, and I encourage all students to commence a revision and study plan. Extra support is available for students if they would like to attend Homework club, on Wednesday night's after school, which will assist with their exam preparation.

Year 11 and 12 students are only required to attend school to sit their timetabled exam and are to remain at home for study purposes at all other times.

Year 10 students will remain at school throughout the entire school day during the exam period as they have revision sessions to assist them.

Please refer to the exam timetable sent home with students for further information.

Years 10-12 Exam dates:

Year 10: Monday 5<sup>th</sup> June - Thursday 8<sup>th</sup> June

Year 11 and 12: Thursday 1<sup>st</sup> June -Thursday 8<sup>th</sup> June

Please encourage your child to set aside time each day to complete their homework and study.

Students across the school have been participating in the Attitude to School Survey across the month of May. We value student voice as a means of improving student engagement, wellbeing and quality instruction and have been seeking feedback through an online survey to find out what your child thinks of their school. We look forward to receiving results and working in our teams to analyse the data.

Please ensure that your son/daughter has the correct school uniform items and if you need any assistance with this or any other concerns then please contact their Tutor Teacher.

**Rebecca Sandlant - Acting Assistant Principal – Years 10, 11 & 12**

## **YEAR 10 REPORT**

The countdown to our exams has begun, with students working hard to complete their last unit of work. It is important that families encourage our Year 10s to be studying at home, particularly as they may be examined on topics from first term that they will need to refresh in their mind.

This last fortnight Year 10's have also completed our Attitudes to School Survey – an important opportunity to hear what students need at our school. The results of last year's survey have been used to develop our tutor program and other school initiatives. In our tutor sessions students have started working through lessons on respect and resilience – important attributes as they encounter the pressures of senior school and part-time work.

As the weather gets colder, please ensure your Year 10 student is coming to school in full winter uniform- hoodies, tracksuit pants and other non-school uniform is not acceptable. Students who are not in full uniform will have items confiscated and parents/carers will need to come and collect it from school. We thank you for your help in making sure our senior students are representing the school with pride.

Finally, thank you to our student leaders for their work in organising our Multicultural Week, as well as our SRC representatives Tyrese and Chloe for their participation at the SRC forum hosted by our local Federal MP Joanne Ryan. Our Year 10's have shown great leadership and we look forward to helping foster this further as the year goes on.

**John Lister – Year 10 Level Leader**

**[john.lister@education.vic.gov.au](mailto:john.lister@education.vic.gov.au)**

## **YEAR 11 REPORT**

The Year 11 examination period is approaching and will be held between Thursday the 1st of June and Thursday the 8th of June. Students will complete an exam for each subject they have undertaken in semester one, exams are compulsory. Students have been provided with their exam timetables and have been advised they are only required to be at school when they have an exam timetabled. In the interim, please encourage your child to collate their knowledge, notes, and resources from the semester to best prepare themselves for their upcoming exams.

If students are absent from school, they must submit a medical certificate and will be provided an opportunity to then resit the exam missed in Exam Catch Up time. Any Year 11 students doing a Year 12 subject are to go to the Year 12 examination as a priority. Students are then to attend the 'catch up' exam timeslot that must be pre-arranged with Mr Brown and the subject teacher. Students are not permitted to leave the exam before the stated time. Any concerns are to be directed to your tutor teacher or Mr. Brown.

In the coming weeks students will undertake the annual Attitudes to School Survey. The Attitudes to School Survey is offered by the Department of Education and Training to assist schools in gaining an understanding of students' perceptions and experience of school. Wyndham Central College values student voice to improve student engagement, wellbeing, and quality instruction. Our school will use the survey results to plan programs and activities to improve student's schooling experience. Students from Year 7 to 12 at our school will participate in the survey during school hours. All survey data that is made available in reports are for groups of students only so that no individual student can be identified.



Key dates for the remainder of term:

- Multicultural week; Monday 15th of June – Friday 19th of June
- Exam period; Thursday 1st of June – Thursday 8th of June
- Student Free Day; Friday 9th of June
- End of semester 1; Thursday 8th of June
- King's Birthday Public Holiday; Monday 12th of June
- Beginning of semester 2; Tuesday 13th of June
- Last day of term 2; Friday 23rd of June

In recent weeks, there has been an increased expectation on uniform, arriving to school on time and mobile phones. The Year 11 team appreciate the work families have been doing at home, reinforcing the importance of the following in conjunction with the work being undertaken at school. Moving into term 2, it is important these expectations are still continually met and adhered too to enable students to focus more on their learning opportunities and upcoming exams.

**Ashlin Brown - Year 11 Level Leader**

[ashlin.brown@education.vic.gov.au](mailto:ashlin.brown@education.vic.gov.au)

## **YEAR 12 REPORT**

Welcome back to Term 2! Speaking to the students, it seems that all had a lovely and well deserved break and from observation it is great to see the students getting straight back into their studies, collaborating in class and ensuring they are striving for excellence. They are demonstrating great attributes as leaders of the school and I wish to acknowledge their efforts and hope they continue this approach as time is flying!

### **Exams**

The Year 12 mid-year exam's will begin for all Year 12 students on Thursday 1st and will go through until Thursday 8th of June. All VCE students are to attend the exams following the VCAA exam rules and expectations. Please be sure that students arrive 20 minutes early to each of their exams to make sure they check in, find their seat numbers, line up, ensure they have the adequate materials and resources needed and are ready to perform the best they can. Normal classes will not run during this time, but teachers will be available to assist and support the students.

An exam timetable will be sent out to all guardians and students within the next couple of days. We will also have a Year 12 assembly to outline the rules and expectations of the exam process.

Please be aware, it is a student free day on the next day after exams, Friday 9th of June.

### **At Risk**

Please make sure you are continuing to have conversations with your child about any outstanding work or SAC's. All student's are required to have a minimum of 16 Units across Units 1 – 4 to be able to pass their VCE, but must also have the correct sequence for their Year 12 studies. Please support the students at home with their work following missed or failed SACs and with their report information to make sure they are able to be successful in Year 12. If you have any questions about your child and their VCE studies, please contact Ms Clayton.

### **Skyline Hatch Program**

Students participated in their first out of four Skyline sessions on the 10th May. The Skyline Program is an organisation that we have implemented at Year 12 which delivers a range of sessions over key programs such as VCE Hack (Study Skills), SAC Preparation, GAT Preparation, Stress Hack and the Exam Revision Series.

Hatch offerings have a focus on building the resilience of students, supporting the development of strong foundations to support the way that students approach study and the provision of curriculum aligned study and revision sessions. Students will complete the remaining sessions in Term 3.

### **Wellbeing support**

First thing in the morning we have homegroup with a tutor teacher. It is vital that all students are present for the start of this session. At year 12, we have been using this time as part of our wellbeing and support of our Year 12s. As a reminder that we have an amazing Wellbeing Team at the college, and if your child needs that support please don't hesitate to communicate with their tutor teacher.

Thank you for the hard work all parents and carers are putting in at home. Year 12 is a stressful yet growth building year for our students and it could not be done without your ongoing support.

**Tayla Clayton –Year 12 Level Leader**

[tayla.clayton@education.vic.gov.au](mailto:tayla.clayton@education.vic.gov.au)



## **TEACHING & LEARNING REPORT**

It's hard to believe how swiftly 2023 is progressing! We've had a smooth start to the term, with students displaying enthusiasm as they dive into their studies during this busy Term 2.

### **Cultivating Resilience**

Resilience is a valuable skill that helps young people navigate life's ups and downs, build emotional strength, and bounce back from adversity. As a parent, you have the power to foster resilience in your child. Here are some practical strategies to help you cultivate resilience in your little ones:

1. **Foster a supportive and nurturing environment:** Create a safe and loving home environment where your child feels accepted and valued. Encourage open communication, active listening, and understanding. Show empathy and validate their feelings. By providing a strong support system, you lay the foundation for resilience.
2. **Teach problem-solving skills:** Help your child develop problem-solving skills by encouraging them to identify challenges, brainstorm potential solutions, and evaluate the pros and cons of each option. Guide them through the decision-making process, allowing them to learn from their choices. This empowers them to face difficulties head-on and find effective solutions.
3. **Encourage a growth mindset:** Foster a growth mindset in your child by emphasising that abilities and skills can be developed through effort and perseverance. Encourage them to view setbacks as learning opportunities and mistakes as stepping stones to success. Teach them to embrace challenges and approach them with a positive attitude.
4. **Set realistic goals:** Help your child set realistic and achievable goals. Break larger goals into smaller, manageable steps to instil a sense of accomplishment along the way. Celebrate their progress and efforts, emphasising that setbacks are natural and part of the learning process. By setting and achieving goals, children build resilience and develop a sense of self-efficacy.
5. **Promote self-care and stress management:** Teach your child the importance of self-care and stress management. Encourage activities that help them relax, recharge, and cope with stress. This could include engaging in hobbies, physical exercise, mindfulness exercises, or spending quality time with loved ones. By taking care of their well-being, they learn to regulate their emotions and build resilience.
6. **Encourage independence and responsibility:** Give your child age-appropriate responsibilities and encourage them to take ownership of their actions. Let them face natural consequences of their choices, helping them learn resilience through personal responsibility. This fosters problem-solving skills, accountability, and adaptability.



7. **Model resilience:** Children learn by observing their parents. Model resilience in your own life by facing challenges with a positive mindset, perseverance, and problem-solving strategies. Share stories of your own struggles and how you overcame them. By demonstrating resilience, you inspire and teach your child valuable life skills.
8. **Build a support network:** Encourage your child to develop meaningful connections with peers, mentors, and positive role models. These relationships provide support, guidance, and different perspectives. Encourage participation in group activities or clubs that align with their interests, allowing them to build social connections and learn valuable teamwork and communication skills.
9. **Encourage gratitude and optimism:** Foster a sense of gratitude in your child by encouraging them to focus on the positive aspects of their lives. Teach them to appreciate small joys, express gratitude, and count their blessings. Help them develop an optimistic outlook, seeing challenges as opportunities for growth and learning.
10. **Be patient and supportive:** Cultivating resilience is a journey that requires time, patience, and support. Encourage your child to take risks, learn from failures, and celebrate successes. Offer guidance and reassurance during difficult times, helping them develop confidence and resilience.

**Remember, resilience is a lifelong skill that children can continue to develop as they grow. By nurturing resilience in your child, you empower them to face challenges, overcome obstacles, and thrive in all aspects of life.**

### **Exams**

As we approach the middle of the year, exams are on the horizon once again. It is vital for students to be prepared and develop the necessary skills to excel in exams, not just in their senior secondary years, but also beyond. Students in Years 9-12 will have exams in all their subjects. Students in Year 7 and 8 will have exams in English, Mathematics, Science, and Humanities. You will receive an exam timetable for your child in subsequent correspondence.

### **Exam Schedule**

To help you plan accordingly, here are the dates for exams across the year levels:

- Year 12 Exams: 1st June – 8th June
- Year 11 Exams: 1st June – 8th June
- Year 10 Exams: 5th June – 8th June
- Year 9 Exams: 5th June – 8th June
- Year 8 Exams: 7th June – 8th June
- Year 7 Exams: 7th June – 8th June

### **Fostering Effective Study Habits**

Success in exams requires consistent effort and good study habits. Students will spend the weeks leading up to the exams revising the Semester 1 curriculum. Encourage your child to develop a homework and home study plan to regularly review and consolidate their knowledge and skills. A crucial part of this study routine is implementing the Cornell note-taking system. By following this method, students can enhance their learning experience and boost their confidence in the exams.

### **The Power of Cornell Notes**

We expect all students to continue using the Cornell Note-taking format and complete all steps of the note-taking system. Cornell notes are a proven method to focus students' attention and improve their learning outcomes. The Cornell note-taking system involves the following steps:

1. Write the topic, date, and essential question at the top of the notes.
2. Take notes on the right-hand side, circling key words and underlining important information.
3. Formulate questions related to the notes on the left-hand side.
4. Summarize the key points at the end of the notes.

Additionally, we recommend students follow the 10-24-7 method:

- Review and revise their notes within 10 minutes or the night after receiving them.
- Answer questions related to the notes 24 hours later.
- Write a summary of the notes seven days later.

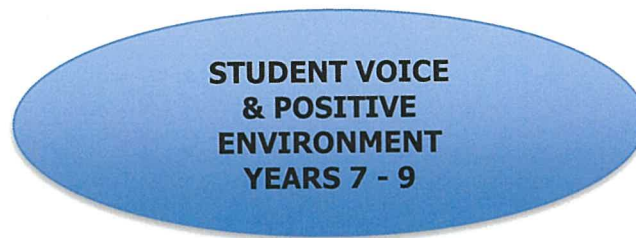
Encourage your child to complete their Cornell notes as part of their regular homework program. Your support in reinforcing repetition strategies and encouraging regular note review will greatly benefit your child's confidence and test and exam preparation.

#### **Homework Club: A Valuable Support**

We'd like to remind you that Homework Club is available on Wednesday's from 3:10pm to 4:00pm in the Monash Building. Teachers and tutors at the College support Homework Club, providing students with valuable additional assistance. It is an excellent opportunity for students to access extra support and clarify any questions they may have.

We encourage you to continue supporting your child's learning journey and help them develop effective study habits. By doing so, you are equipping them with essential skills for academic success. Should you require any further information or support, please don't hesitate to reach out to us.

**Connie Faranda – Assistant Principal – Teaching & Learning**



Since our last newsletter, the SRC have been busy planning Multicultural Week which is being held this week. It is an event that all staff and students look forward to each year. The week celebrates the diversity of all members of the College community, and includes a range of activities including ochre and henna painting, dreamtime story telling, photobooth, a range of cultural performances and an out of uniform day- cultural dress as well as a fashion show. Students are always keen to participate and encourage those of other cultures to share their culture. This is one of our strengths of the College- recognising and encouraging the diversity of others.

On the 23rd of May 2023, Joanne Ryan, an Australian MP, held an event called the SRC forum that gathered many SRC representatives from various schools in Werribee to come together and discuss issues affecting young people and explore ways to improve their lives. Topics ranged from mental health and wellbeing to educational opportunities and community engagement, with a focus on youth empowerment and social justice. During the conference, Joanne Ryan, shared insights into government initiatives and policies aimed at supporting youth development. SRC representatives from different schools in Werribee actively participated, sharing their perspectives and concerns regarding educational resources, student well-being, and community engagement. The conference served as a platform for networking, building alliances, and inspiring collective action among the participants, with the goal of creating positive change in the lives of young people. (Morrisham Teariki).



Students are currently completing the Attitude to School survey. This survey, completed each year, gives students the opportunity to provide the College with feedback on a range of areas. Once the results have been received, the College leadership team as well as all staff will review the results and look at ways to continue to improve the educational experience of all students, not just academically, but socially and emotionally as well.

**Ashley Rowe – Assistant Principal**



## COMMUNITY & POSITIVE ENVIRONMENT YEARS 10 - 12

Our Afterschool Sports program continues this term and the programs have been underway. The program is as follows:

Cheerleading: Mondays  
Volleyball Club: Tuesday  
Cooking Club: Wednesdays  
Soccer Club, Thursdays



If your child is interested in joining any of these sessions, please feel free to see myself, Ms Smith or Ms Stonehouse.

I hope you were all able to attend Parent Student Teacher Conferences, where we also held our first Connections Week Celebration through our Link Centre Community Hub. There were several Community organisations who set up information stalls for our families to access information, an Ethiopian coffee ceremony to try, BBQ, Fairy floss, a visit from the fire brigade, and a free fresh fruit and vegetable market. The response was overwhelming and created a real "buzz" for our conferences. Feedback has been amazing, and we have already started planning for our next Parent Student Teacher Conferences, which will have a focus on sporting and the performing arts organisations.



I would like to refer you to Community hub update later in the newsletter, to see what we have in stall for the rest of the term, we hope to see you at our events!

**Rebecca Sandlant – Assistant Principal**

## CAREER NEWS

Please find attached Careers News

## SPORTS REPORT

### Year 7 Netball Team

The team finished 5th overall, out of 10. They lost their first game against the Grange, but took the match as a chance to bond as a team. They won their second match against Al Taqwa, by only 2 goals. It was a nail-biting finish with all WCC players working together to achieve the win. We then played against Werribee (5th v 6th) and managed another win, making us 5th. Overall, an excellent effort by all students. They showed exemplary behaviour and sportsmanship, and were a pleasure to coach.

***Coach - Stephanie Bell***

### Senior Girls Netball Team



On Friday 5th of May, the WCC senior girls' netball team participated in interschool sports at Eagle Stadium. The WCC senior girls' netball team played against other schools in the region and represented Wyndham Central College with pride and excellence.

The WCC senior girls' netball team first game was against Manor Lakes Secondary College. They displayed great teamwork, excellent communication, and solid defence. However, they faced their first challenge when they played against a stronger opponent. Even though the team lost their first game, they did not give up and showed resilience, a positive attitude and great sportsmanship.

After the defeat, the team regrouped, worked on their weaknesses, and came back stronger. In the second game, the WCC senior girls played against

Suzanne Cory High School. They improved their shooting accuracy, tightened their defence, and became more organized on the court. As a result, they won this game and placed second in their pool.

For their third game, the team played against the Grange College. The game was intense and tightly contested, with both teams fighting for every point. The senior netball team played exceptionally well, but they eventually lost the game.

Unfortunately, the team won't progress into the next stage. However, we finished the day on a positive note with fish and chips.

***Coaches - Jesse Damjanovski & Scott Lynch***

### Senior Boys AFL Team

On Thursday 11th May the year 11 and 12 boys headed out to Wootton Road Reserve for the interschool senior boys football tournament. The boys were set to play three games on what was a cracking day for football with the sun shining. Our first match up against the Grange P-12 College finished with the scores of 4.3 27 Grange to 1.5 11 WCC with Grange taking the victory. The boys fought hard all game and were right in it trailing by only 2 points at the half time break but unfortunately couldn't hold on as Grange ran away with it. Our second Match against Susan Cory High School finished with the scores of 4.4 28 WCC to 1.2 8 Susan Cory. The boys managed to put it all together this game and ran away with the victory. The third and final match for the day against Werribee Secondary College finished with the scores 4.2 26 WCC to 0.1 1 Werribee SC. This was the boys best performance for the day, kicking 4 majors and holding the opposition to just 1 point. Outstanding performers for the day included Robert Sutherland, Achilles Ngaue, Joshua Bakic and Rhys McIntosh. Overall, it was a great day, the boys had a blast and were stoked to get also couple wins on the board.

***Coach - Cameron Morrison***

### Athletics Carnival

The WCC Athletics Carnival was held on Friday March 31st. Students were provided with fantastic opportunities to participate in traditional track and field events, as well as having some fun with the novelty events. This year saw the addition of the Staff V Student relay race, congratulations to the Year 11 boys' team that took out the win, just edging out the HAPE team.



Well done to all students who participated on the day. Congratulations to **YELLOW HOUSE** who won this year's athletics carnival. Below are the house placings for the day.

1ST PLACE- YELLOW HOUSE  
2ND PLACE- BLUE HOUSE  
3RD PLACE- RED HOUSE  
4TH PLACE - GREEN HOUSE



Students who were successful in making the Division Athletics Team will be notified later in the term, with the Wyndham Division Athletics taking place in Term 3.

### **Cross Country**

On Wednesday May 10th we seen our junior years 7, 8 & 9 participate in the College's annual Cross County. The students made their way across to President's Park and had the option to either walk or run the 2km track. A big thank you to the VET Sport and Recreation students who assisted Miss Stonehouse in planning the event and were there on the day assisting students out on the course.

Students who were successful in making the Division Cross Country Team will be notified this week. Wyndham Division Cross Country will be taking place on Tuesday May 23rd.



**Yours in Sport- Rylie Stonehouse & Nicole Smith – Sports Co-ordinators**

## LINK CENTRE COMMUNITY HUB NEWS

Please find attached the Community Hub news

## COLLEGE NEWS



### KRISTA GADSDEN 8B

Krista competed in the WKF Australian Open Karate Championships in Sydney last weekend. Krista won gold and is now the 2023 Australian Open Champion in her division.



### The 2023 Premier's Reading Challenge is now open.

Year 7- During weeks 3 and 4 this term, Mrs Cutter will be meeting with all year 7 classes to explain the challenge and to help you sign up to participate.

Year 8-10 Please follow the instructions below to sign up for the Challenge or see Mrs Cutter in the Learning Resource Centre.

To participate, access the Challenge app at <https://vprc.eduweb.vic.gov.au/home> and click Sign in, then click Edupass login.

To sign in, use your eduPass e-mail address and password that was emailed to you by the IT team. If you did not receive an email, please e-mail [itsupport@wyndhamcentralsc.vic.edu.au](mailto:itsupport@wyndhamcentralsc.vic.edu.au). Flyer attached.

## Free Fruit for Students

Every Monday, Wednesday & Friday

8:30am – 8:50am

Come and collect a delicious piece  
of fruit from the Basketball Court area / Year 7 area





## CLUBS

# Homework Club

Every  
Wednesday  
3:10pm – 4:00pm

Monash Building  
M9 – M14

- ❖ Get one-on-one help from your teachers
- ❖ Improve your marks
- ❖ Gain more confidence
- ❖ Strive for excellence
- ❖ Receive VIVO's for attendance
- ❖ Homework Club now offers students a healthy snack including fruit and muesli bars.



In  
T1

## BREAKFAST CLUB

Every Tuesday and Thursday

Wyndham Central College Breakfast Club - All students are welcome  
Tuesdays & Thursdays between 8am - 8.30am at T1

Warm cheese toasties, cereals, hot Milo, juices, fresh fruit  
& friendly vibes

Everybody is very welcome

**Colleen Brown – Breakfast Club Co-ordinator**

We look forward to seeing students at Breakfast Club!  
No costs to students – Sponsored by LET'S FEED & Food Bank



## ADMINISTRATION REQUIREMENTS

### **ADMINISTRATION OPENING HOURS**

Wyndham Central College Administration is open:

- Monday to Thursday – 8:30am to 4:00pm
- Friday – 8:30am to 3:30pm

College phone number – 8744 8900 (new number)

College email – [wyndham.central.sc@education.vic.gov.au](mailto:wyndham.central.sc@education.vic.gov.au)

Please contact the administration office if you have any queries or require assistance.

### **PARENT PAYMENT ARRANGEMENTS**

These sheets are available on the school website (<https://wyndhamcentralsc.vic.edu.au/parents/payments-payment/>) or at the administration office. The college offers various payment options including cash, EFTPOS, BPAY (details provided on request), CompassPay, and Centrepay. Please return the parent payment arrangement sheets to the administration office when making payment or contact the office if you have any queries or require assistance.

### **BOOKLISTS**

These sheets are available on the school website: <https://wyndhamcentralsc.vic.edu.au/parents/parent-payment/> or at the administration office.

### **LAPTOPS**

Wyndham Central College implemented a Managed Device program for all new laptops and involves a partnership with Learning with Technologies. Details about this program are available at the administration office.

### **CAMPS SPORTS & EXCURSION FUND (CSEF)**

Please note that if your financial circumstances have changed and you now have a Health Care Card you may be entitled to the Victorian State Government funding to families of up to \$225 that can be used towards costs associated with camps, excursions and sporting events. These funds will be paid directly to the college and can only be used for these types of events/activities.

#### **Eligibility Criteria**

Camps, Sports and Excursion Fund (CSEF) application forms are available to an applicant with one of the following on the first day of Term 1 (30 January 2023) or Term 2 (24 April 2023):

- a parent/carer who holds a Centrelink Health Care Card, a Pensioner Concession Card, or a Veterans Affairs Gold Card
- a temporary foster carer
- a student who is 16 years or older and who holds a valid concession card (such as a Youth Allowance Health Care Card or Disability Support Pension Card).

Application forms (available from the administration office) must be completed and returned to the office with a copy of your eligible card for submission prior to 23 June 2023.

Families who applied at our college for this in 2022 will NOT need to complete a new form.

New applications are required in the following situations:

- If a family has a change to their financial situation and are now eligible
- If you are a new family to Wyndham Central College and are eligible
- If you are an existing family who has a new child starting in 2023

All applications are validated by Centrelink and if there is a discrepancy, families will be required to contact Centrelink directly.



### **SUSTAINABLE SCHOOL SHOP**

To buy and sell second-hand uniform items and textbooks, simply register for free on the website: [www.sustainableschoolshop.com.au](http://www.sustainableschoolshop.com.au). All transactions on this site are made directly with the seller.

### **CHANGE OF CONTACT DETAILS**

If you have recently changed your contact details, living arrangements etc., please update them either through Compass or at the school, to ensure we can work together to support your child.

### **VISITORS TO THE SCHOOL**

For the safety of staff and students, all visitors to the school must report to the administration office (including parents/carers) and log into Compass. In case of an emergency, we need to be aware of who is on site.

### **STUDENTS LEAVING SCHOOL EARLY**

If your child needs to leave school early for an appointment, parents/carers are required to send their child with a note in their planner advising the reason and time they need to leave. The student must take the note to the Attendance office (located next to First Aid) in the morning to receive an early leaver's pass. This pass can then be shown to the teacher at the time they are leaving class and then to the Attendance Officer to be signed out. Parents/carers are to collect their child from the administration office.



## **COMMUNITY NEWS**

### **Monash University – Partners in Parenting**

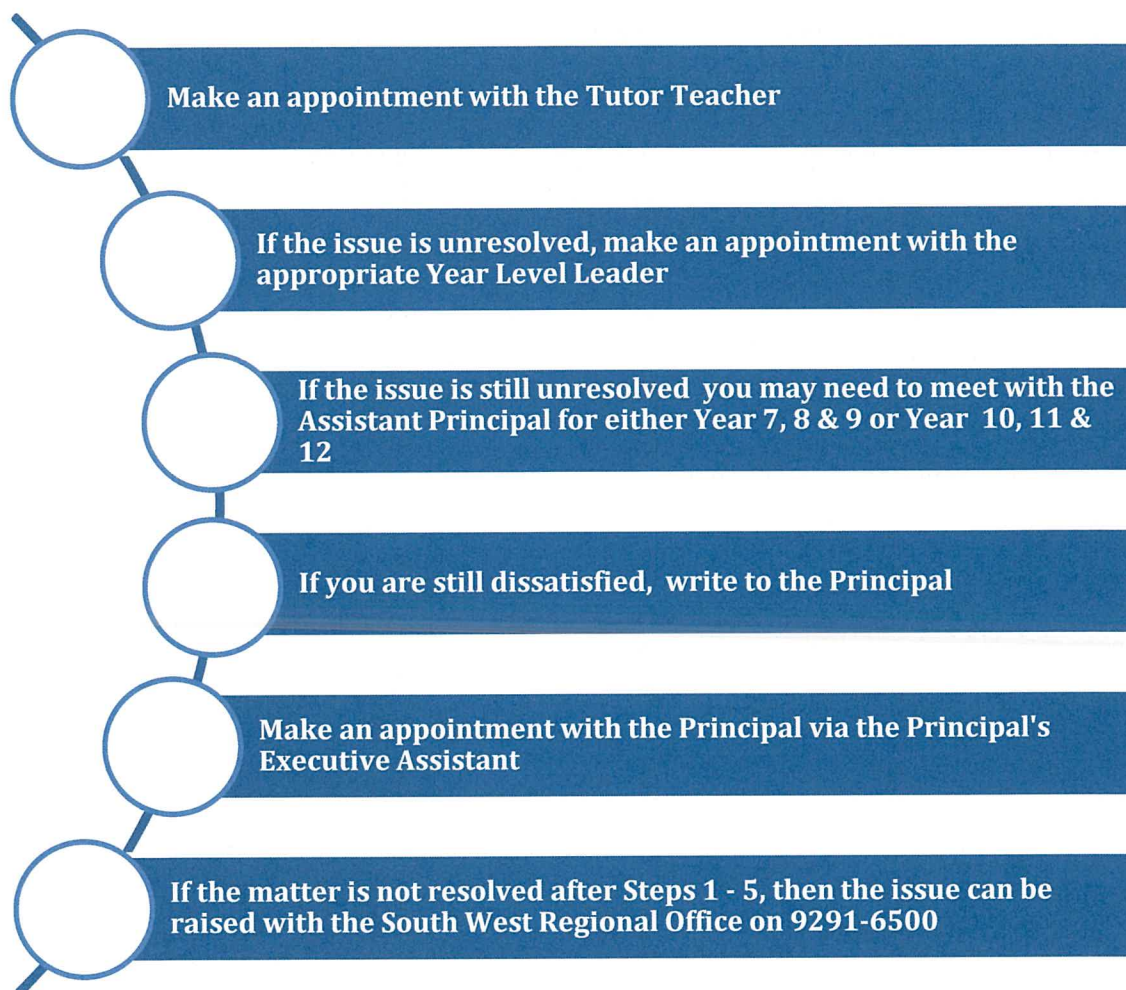
New online trial parenting program to support parents of teens struggling with school attendance  
Please see attached flyer

### **Free Parent Webinar Series**

Hobsons Bay  
Please see attached flyer

## **COMMUNICATION/GRIEVANCE PROCESS**

If you have something you wish to communicate with the College, this process will support each party to achieve a successful outcome.







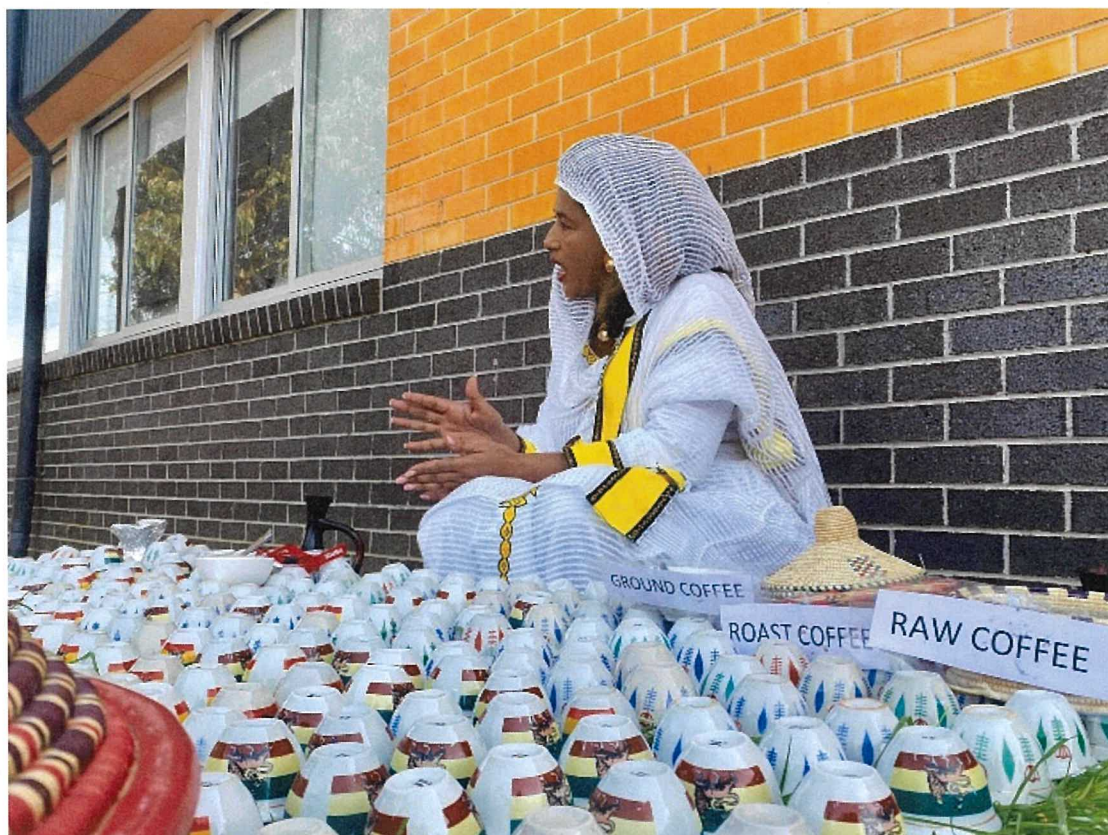
## LINK CENTRE COMMUNITY HUB NEWS

### CONNECTIONS WEEK 2024

Connections Week was an opportunity for our families to connect with each other, their teachers and community organisations during Family Teacher Interviews.

Thank you to all our staff, families and students that volunteered their time, including Miss Paw Ner Moo's mum!

Thank you to the community organisations that interacted with our school members. Salvation Army CaPSs, headspace Werribee, IPC Health, The Smith Family, The Huddle, Junubi Wyndham, WEstjustice and Wyndham Central College Alumni held pop up info tables and Vic Police cooked the BBQ. Werribee Fire Brigade - CFA brought the truck down thanks to Mr Lister who is a volunteer fire fighter. Thank you to one of our mums Ata Coffee for performing a traditional Ethiopian Coffee Ceremony. The homemade bread and popcorn was delicious! We were able to provide free fruit and veggies to over 120 families thanks to our partnership with Wyndham Park Community Centre.









## HARMONY WEEK

Harmony Week is the celebration that recognises our diversity and brings together Australians from all different backgrounds. It's about inclusiveness, respect and a sense of belonging for everyone.





## COFFEE AND CHAT

An important part of our work in the Community Hub is to connect community with families. Thank you to Eyewatch - Wyndham Police Service Area for visiting our Coffee and Chat session and well done to our English Language learners for engaging with our families, grandparents and carers.



## ENGLISH LANGUAGE CLASSES

Our Conversational English Classes have begun again in the Community Hub. Thank you to Xavier and Lisa for volunteering to help with our young children so mum can learn





## YOUNG MOB VOICE IS LOUD AND PROUD!

Wyndham Council invited Aboriginal and Torres Strait Islander – First Nations' students to attend a Yarning Workshop at our school.

The workshop was an opportunity for young First Nations' people to:

- Find out more about Wyndham City Council's Draft Reconciliation Action Plan (RAP)
- Tell them what's most important to you in Wyndham's Draft RAP
- Tell us how often we should give you updates about Wyndham's RAP
- Voice our ideas on how they can communicate with you.





# SECONDHAND UNIFORM

DO YOU HAVE OLD UNIFORM THAT  
DOESN'T FIT YOU ANYMORE? PLEASE  
DONATE TO OUR SCHOOL!

EVERY CONTRIBUTION MATTERS

## WHAT DO WE NEED?

- ▶ SHIRTS AND TIES
- ▶ PANTS AND SHORTS
- ▶ DRESSES AND SKIRTS

**PLEASE DROP OFF ITEMS AT STUDENT  
SERVICES OR THE COMMUNITY HUB.  
PARENTS ARE WELCOME TO DROP OFF  
AT THE ADMINISTRATION BUILDING**

Need more info? Call Kristy  
0427 099 841







## Wyndham Central College Career News

No. 07, May 2023

**This is a condensed version of the newsletter. The full edition can be found on the College website via the Careers link.**

**The Careers Centre, in the Monash Building, is a resource centre for our students with current institutional handbooks and brochures at their disposal. Students are invited to visit, browse, and question. An open-door policy exists to ensure students make informed decisions about future pathways. Initial Year 12 interviews have commenced to assist students with the momentous decisions facing them this year.**

**Parents/guardians are welcome to take advantage of the services provided to students.**

**Appointments can be made to discuss the future pathways of their children.**

### **IMPORTANT DATES:**

- **Careers Expo for Year 7 & 8 Students: Thursday 25th May, Sessions 2 & 3**
- **Year 10 Faculty Presentations commencing week beginning Monday 15 May**
- **Year 12 Pathways Meetings have commenced. Parents/Guardians/Carers are invited to attend with their students.**
- **Year 10 & 11 Students and parents are invited book a Pathways Meeting with Mrs Karlovic via COMPASS, to assist with the Subject/Program Selection Process taking place this term. This will follow on from their Morrisby Career Testing/Meetings in Year 9.**

## **YEAR 12 STUDENTS**

### **EARLY ENTRY PROGRAMS**

Early Entry Programs enable universities to make course offers to Year 12 students based on factors other than just the ATAR.

You can apply for as many early entry programs as you like, and most course offers can be deferred.

Year 12 students are encouraged to meet with Ms Karlovic/Ms Siragusano to map out the best early entry programs to apply for based on their course interests.

**The following universities have early entry programs open:**

#### **VICTORIA**

Swinburne University

RMIT University

La Trobe University

Federation University



## Wyndham Central College Career News

No. 07, May 2023

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CQUniversity  
SAE Creative Media Institute

### **NSW**

University of New England  
Charles Sturt University  
Southern Cross University  
CQUniversity  
SAE Creative Media Institute

### **CANBERRA**

Australian National University

Download early entry guides via <https://slmcareerresources.edublogs.org/>

### **ADF GAP YEAR**

Current Year 12 students can apply for a 12-month position in the Air Force, Army or Navy to begin in 2024.

To explore options and start your application, visit <https://bit.ly/2uW1hzl>

### **AUSTRALIAN FEDERAL POLICE**

#### **2024 Directions Program**

Applications are open for the 2024 Directions Program, an integrated 12-month employment and development program for people of First Nations background. Successful applicants will get to work in a variety of roles including canines, investigations, media, cyber security, intelligence and more.

The program is open to First Nations individuals aged 18 or older, with applications closing Sunday, 28 May 2023

<https://bit.ly/42IE6VW>

### **MEDICINE, DENTISTRY, ORAL HEALTH**

Year 12 students who are planning to sit the UCAT ANZ have until Wednesday 17 May to register for the test

[www.ucat.edu.au](http://www.ucat.edu.au)





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### **HIGH ACHIEVER SCHOLARSHIP PROGRAMS**

#### **University of Technology Sydney**

The University of Technology Sydney co-op scholarship program is now open for the Women in IT and Engineering, Bachelor of Accounting, and Bachelor of Information Technology for the 2024 intake. For information on the programs and to apply, go to [www.uts.edu.au/study/scholarships](http://www.uts.edu.au/study/scholarships)

#### **UNIVERSITY OF NSW (UNSW)**

The UNSW Co-op Scholarship program is now open for high achieving students who plan to study in 2024 at the University of NSW.

The scholarships are worth almost \$20,000 per year, [www.coop.unsw.edu.au](http://www.coop.unsw.edu.au)

You can watch videos showcasing Co-op Scholarship alumni via <https://bit.ly/3fbrjnA>

### **DIGITAL APPRENTICESHIP PROGRAM**

Year 12 students can apply for the Australian Government Digital Apprenticeship program for the 2024 intake. Visit <https://careernews.click/digital> to check for application dates when they are available.

### **YEAR 11 STUDENTS**

#### **2024 NATIONAL YOUTH SCIENCE FORUM (NYSF)**

In Year 11? Love STEM? Want to engage in a life changing experience? You should consider applying for the NYSF.

This is a two-week on-site and digital program where students are immersed in hands-on science activities, lab experiments, field trips and meet researchers who are leaders in their field.

The program will be held during January 2024.

Applications close Friday 1 July. For more information and to apply, go to [www.nysf.edu.au](http://www.nysf.edu.au)

### **YEAR 9 - 12 STUDENTS**

#### **THE VICTORIAN INDIGENOUS ENGINEERING WINTER SCHOOL**

The Victorian Indigenous Engineering Winter School (VIEWS) is an exciting program for Year 10 - 12 Indigenous students from across Australia who are interested in STEM and engineering.

The residential program will run in Melbourne between 1 – 8 July 2023. For information and to apply for this program. Visit <https://careernews.click/ee9762>



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### WORK EXPERIENCE REMINDERS

The following organisations are offering work experience:

#### **CitiPower and Powercorp (Year 10 – 12)**

Electrical Engineering, IT and Electrical Trades

For female-identifying and non-binary students

<http://bit.ly/3yXK1tm>

#### **Swinburne University (Year 9 & 10)**

Astronomy & Astrophysics

<https://bit.ly/405prmN>

#### **Australian Defence Force (Year 10 – 12)**

There are many exciting roles available,

<http://bit.ly/3DaOThp>

### THE SANTOS SCIENCE EXPERIENCE

Year 9 and 10 students are welcome to apply for amazing science programs running at different locations across Victoria, NSW and Canberra.

Research dates and locations via [www.scienceexperience.com.au](http://www.scienceexperience.com.au)

### SHECOMMERCE

Female and non-binary students in Years 9 – 12 are invited to apply for the sheCommerce program at The University of Melbourne. There are 40 places available for students who are passionate about leadership and business.

Applications close 21 May, <https://fbe.unimelb.edu.au/shecommerce>

### ALL STUDENTS

#### **EXPLORE YOUR GLOBAL UNIVERSITY OPTIONS**

Are you interested in learning about universities from around the world? Crimson Education has developed a YouTube channel that profiles global universities.

You can access the channel at <https://bit.ly/2qcWRiX>

### RESEARCH TAFE AND UNIVERSITY COURSES TERTIARY ADMISSION CENTRES





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State-based Tertiary Admission Centres process course applications on behalf of universities, some TAFE institutes, and some private providers.

You can research courses, prerequisites, selection criteria and ATAR profiles for the 2023 intake.

Courses for the 2024 intake will be updated mid-year but you can use the current information as a guide.

**Websites are listed below.**

### AUSTRALIA WIDE SEARCH

Course Seeker is a fantastic website that enables students to explore courses for each state in the one website.

You can research courses, prerequisites, selection criteria and ATAR profiles for the 2023 intake.

Information for the 2024 intake will be updated soon. Visit [www.courseseeker.edu.au/](http://www.courseseeker.edu.au/)

### TAFE

MySkills is the national directory of vocational education (VET) organisations and courses. You can search for courses or occupations and use a location search.

You can also browse courses and occupations by industries such as health & community services, manufacturing & engineering, and arts & culture.

Visit [www.myskills.gov.au](http://www.myskills.gov.au)

State	Tertiary Admission Centre	Website
Victoria	Victoria Tertiary Admissions Centre	<a href="http://www.vtac.edu.au">www.vtac.edu.au</a>
New South Wales & Canberra	(VTAC) Universities Admissions Centre (UAC)	<a href="http://www.uac.edu.au">www.uac.edu.au</a>
Tasmania	University of Tasmania	<a href="http://www.utas.edu.au">www.utas.edu.au</a>
South Australia & Northern Territory	South Australia Tertiary Admissions Centre (SATAC)	<a href="http://www.satac.edu.au">www.satac.edu.au</a>
Queensland	Queensland Tertiary Admissions Centre (QTAC)	<a href="http://www.qtac.edu.au">www.qtac.edu.au</a>
Western Australia	Tertiary Institutions Service Centre (TISC)	<a href="http://www.tisc.edu.au">www.tisc.edu.au</a>

### MATHS CAREERS

Are you a maths enthusiast looking for an exciting career? Employers across a variety of industries are searching for individuals with analytical and problem-solving abilities to make sense of complex information and drive business success.



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From finance and economics to healthcare and engineering, with a maths degree, you'll enjoy competitive salaries and a wealth of career opportunities.

**The following are fantastic maths career websites:**

Australian Mathematical Sciences Institute, <https://careers.amsi.org.au/>

CSIRO – what can you do with maths? <https://blog.csiro.au/mathematics-careers/>

Refraction Media – Careers with Maths, <https://careerswithstem.com.au/read-it-here/>

Myfuture – Maths Careers Bullseye, <https://myfuture.edu.au/>

### MOTORSPORTS

Looking for a career that's fast paced and adrenaline-fueled? Consider a career in motorsports! From vehicle mechanics to driving, there are a variety of exciting opportunities in this industry. Get ready to live life in the fast lane and pursue your passion for speed and competition.

**The following two institutes offer motorsports courses in Victoria:**

#### AUTOMOTIVE CENTRE OF EXCELLENCE

##### Kangan Institute

Melbourne Docklands, Victoria

[www.kangan.edu.au](http://www.kangan.edu.au)

#### MOTORSPORTS TRAINING AUSTRALIA

##### Wodonga Institute of TAFE

Wodonga, Victoria

[www.wodongatafe.edu.au](http://www.wodongatafe.edu.au)

### CAREERS IN IT

#### Monash University

Are you interested in IT, but not sure which course to choose? The Monash University 'Find My FIT' quiz is a fun way to discover which IT course is your best fit, from data science to games development.

Visit <https://bit.ly/3513fmt>

### Careers Foundation

This amazing website features an interactive

ICT career wheel. Occupations are broken down into the following sections:

Digital design	Marketing
Security	Industry
Software	Hardware
Content	





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[www.careersfoundation.com.au](http://www.careersfoundation.com.au)

### **NATIONAL SECURITY CAREERS**

The Australian Signals Directorate (ASD) defends Australia from global threats and advances the national interest by providing foreign signals intelligence, cyber security and offensive cyber operations, as directed by the Australian Government. You can work for ASD through university or apprenticeship pathways.

Visit [www.asd.gov.au/careers](http://www.asd.gov.au/careers)

### **ASD Cyber Security and Robotics Work Experience**

Applications are now open for this incredible program running at the Australian Cyber Security Centre, Brindabella Park, Canberra. Year 11 and 12 students are welcome to apply as well as high achieving Year 10 students.

For information on this unique opportunity visit <https://careernews.click/cyber>

### **Defence Civilian Undergraduate Sponsorship**

ASD sponsors computer science or cyber security degrees through the Defence Civilian Undergraduate Sponsorship program. The program is in partnership with the University of NSW, Canberra, and the Australian Defence Force Academy. The sponsorship provides financial contributions towards your studies, and work placements at ASD.

Visit <https://bit.ly/3Bbz0Wk>

### **NATURAL HEALTH COURSES**

Do you have a passion for wellness? A career in natural health might be just what you're looking for! With opportunities in fields like acupuncture and nutrition, you can help people heal and live their best lives. Natural health careers offer a fulfilling and exciting way to make a real difference in the world. The following two colleges are located in the Melbourne area:

#### **Endeavour College of Natural Health**

Courses: Acupuncture Therapies, Massage, Naturopathy, Nutritional and Dietetic Medicine, Chinese Medicine, and Complementary Medicine, [www.endeavour.edu.au](http://www.endeavour.edu.au)

#### **Southern School of Natural Therapies**

Courses: Health Science, Clinical Nutrition, Chinese Medicine, Western Herbal Medicine, and Naturopathy. The School is part of Torrens University and Think Education, [www.ssnt.edu.au](http://www.ssnt.edu.au)



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### **CAREERS WITH THE AUSTRALIAN FEDERAL POLICE (AFP)**

A career with the AFP can lead to working with the community, across the country or around the globe. Whether in a non-policing support role, investigating transnational crime, combatting terrorism and people smuggling, investigating crimes against the ACT community and patrolling its city and suburban streets, providing high visibility protection to commonwealth infrastructure sites and establishments, or heading overseas to liaison posts or capacity building missions, you'll be on the frontline, contributing to keeping the Australian community safe.

**There are three main employment pathways:**

- Entry Level Sworn Recruit
- Lateral Police Recruit
- Professional (Non-Policing) Role

#### **Recruitment requirements**

Visit the Application and Recruitment Process page for detailed requirement information, [www.afp.gov.au/careers](http://www.afp.gov.au/careers)

### **APPRENTICESHIP AND TRAINEESHIPS**

Apprenticeships and traineeships are the ultimate win-win. Not only will you get paid while learning and avoid the burden of student debt, but you will gain practical skills, on-the-job experience, and a portable qualification that can lead to a successful career.

#### **Australian Apprenticeship Pathways**

If you're keen to learn about apprenticeships and traineeships, Australian Apprenticeship Pathways is an excellent website to explore. You can undertake apprenticeship aptitude tests, find local apprenticeship and group training centres, and learn about different trade occupations, [www.aapathways.com.au/](http://www.aapathways.com.au/)

### **CAREERS IN SPORT**

My Career Match has developed an excellent 3-page guide to careers in sport. You can download the resource at this link - <https://bit.ly/2UwkqB8>

### **PODIATRY**

Download information on podiatry courses via <https://slmcareerresources.edublogs.org/>

### **UPCOMING CAREER EVENTS**





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One of the best ways to develop ideas for occupations and courses is to participate in career events. Check the Career Newsletter for upcoming events and join social media accounts for any higher education provider or training institute you are currently interested in to ensure you are up to date with events. The following are events you may be interested in:

### **CAREERS EXPO for Year 7 & 8 Students: Thursday 25th May, Sessions 2 & 3**

This Expo will showcase a selection of industries for our Year 7 & 8 Students

### **VICTORIAN CAREERS SHOW**

This major event provides a fantastic opportunity for students and their families to speak to representatives from a huge range of tertiary providers. You can get information on:

- Tertiary study, university, TAFE and training courses
- Career advice
- Study advice
- Employment advice and opportunities
- Apprenticeship and traineeship advice
- International exchange and gap year programs
- How to choose Year 10 subjects

Date: Thursday 18 - Saturday 20 May

Venue: Exhibition Pavilion 1, Melbourne Show Grounds, Ascot Vale.

[www.victoriancareersshow.com.au](http://www.victoriancareersshow.com.au)

### **THE UNIVERSITY OF MELBOURNE**

#### **Focus on Melbourne**

The University of Melbourne is hosting the following course information seminars for prospective students in May and June.

#### **May**

23	Agriculture
23	Music
29	Information Technology
29	Arts
30	Biomedicine
31	Commerce

#### **June**



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5	Law
6	Engineering
7	Design
7	Education
8	Fine Arts
8	Science

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For information and to RSVP, visit <https://careernews.click/focusonmelb>

### CREATIVE INSTITUTES – OPEN DAYS

Discover your passion and unleash your creativity at upcoming open days for the following creative media institutes! Explore courses in study areas like music, design, media, marketing and more. Meet industry professionals, tour facilities, and learn how you can turn your passion into a fulfilling career.

#### Collarts

Collarts is a private institute that offers a wide range of creative media courses such as Animation, Comedy, Design, Film, Music, and Fashion Marketing. The institute is running an Open Day at their Melbourne campus on Saturday 13 May. An online open day will run on Wednesday 17 May.

Visit [www.collarts.edu.au/open-day](http://www.collarts.edu.au/open-day)

#### Academy of Interactive Entertainment

The Academy of Interactive Entertainment (AIE) has several campuses across Australia.

The Academy is running an Open Day for prospective students on Saturday 13 May 2023. You will discover courses designed to get you started in game development, 3D animation, film, and visual effects.

For information, visit [https://aie.edu.au/aie\\_event/open-day/](https://aie.edu.au/aie_event/open-day/)

#### JMC Academy

JMC has several campuses across Australia. The Academy offers a wide range of creative media courses such as acting, animation, audio, music performance and production, design, film, entertainment business management, game design, and songwriting. An Open Day is running at their Melbourne campus on Saturday 27 May, [www.jmccademy.edu.au](http://www.jmccademy.edu.au)

#### Australian Institute of Music (AIM)

AIM is a private institute that offers university courses in music, entertainment management, arts management, composition, creative technology (audio), music performance, music theatre and musicology. The Institute is running an information evening at their Melbourne campus on Tuesday 16 May, 5.30pm – 8pm.

Visit <https://aim.edu.au/events>





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### AUSTRALIAN DEFENCE FORCE

You can find out about careers in the Australian Defence Force through participating in free information sessions. There are sessions running at various locations across Victoria and NSW and online sessions.

Examples of sessions include:

- 11 Trade Careers Information Session
- 16 Health Careers Information Session
- 17 ADFA Careers Information Session

[www.defencejobs.gov.au/events](http://www.defencejobs.gov.au/events)

### AUSTRALIAN CATHOLIC UNIVERSITY (ACU)

#### Talk with Industry Series

ACU is running an online 'Talk with Industry Series' event on 27 May: Talk with Business & IT Professions. The session will be held between 6 – 7pm, [www.acu.edu.au/about-acu/events/](http://www.acu.edu.au/about-acu/events/)

#### ACU Entry Pathways for Year 12 Students (Webinar)

ACU has a range of pathways and entry programs available to Year 12 students. The webinar will be held on Tuesday 23 May. Visit [www.acu.edu.au/about-acu/events/](http://www.acu.edu.au/about-acu/events/)

### VICTORIA POLICE

Learn about careers in the Victoria Police at an information session. An online session is being run on Tuesday 16 May.

Visit <https://careernews.click/police>

### TECH AND TRADES EXPO

RMIT is hosting a free Tech and Trades Experience Day for Years 10, 11 and 12 students and their parents / guardians on 29 June at the Melbourne campus. Students can experience hands-on workshops from various fields in Future Technologies and Trades to gain practical knowledge, tour facilities, and interact with teachers, current students and industry.

Register for the event via [www.rmit.edu.au/events](http://www.rmit.edu.au/events)



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### MONASH UNIVERSITY

#### Discover Events

The following events will be held in May. Some events will be held online, others will be held on campus,

[www.monash.edu/discover/events](http://www.monash.edu/discover/events)

- |    |  |
|----|--|
| 11 | Discover Science   |
| 11 | Discover the Bachelor of Arts                              |
| 11 | Discover Fine Art & Curating                               |
| 16 | Discover Radiation Sciences, Radiography & Medical Imaging |
| 17 | Discover Psychology, Health Sciences, & Public Health      |
| 24 | Discover Information Technology                            |
| 25 | Discover Occupational Therapy, Physiotherapy, Paramedicine |
| 25 | Discover Media Communications                              |
| 29 | Discover Education: Clayton                                |
| 30 | Discover Education: Peninsula                              |
| 31 | Discover Engineering                                       |

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#### Access Monash

The following events will be held online in May.

Visit <https://bit.ly/3kVijtH>

- 
- |    |  |
|----|--|
| 11 | Nursing, midwifery & health sciences student panel |
| 16 | Medicine & biomedicine                             |
-





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student panel.

- 18 Regional student  
experience – finances and  
accommodation
- 23 Business and economics  
student panel
- 24 Science student panel
- 26 Engineering student panel

### THE HOTEL SCHOOL MELBOURNE

The Hotel School is an institute that offers courses in hotel management, tourism management and international hotel management. The School is running an Open Campus event for prospective students at the Melbourne campus on Saturday 3 June.

Visit <https://hotelschool.scu.edu.au/>

### OVERSEAS STUDENT EXCHANGE

If you are interested in participating in an overseas exchange program or would like to find out about becoming a host family, World Education Program (WEP) is running several online information seminars for prospective students.

Visit <https://wep.org.au/>

### FREE WEBINAR

#### How Maths + X = your dream career

Join this free webinar on Wednesday 24 May to explore how you can combine a maths degree with your 'X', which is your passion, another area or a big goal, for example – Maths + health.

Register via <https://bit.ly/3AuBrCS>

### ENGINEERING & IT WEBINARS

#### University of Technology Sydney

The University of Technology Sydney (UTS) is running a series of exciting webinars in May, showcasing their amazing engineering and IT degrees and scholarships.

Visit <https://bit.ly/41lnyp>

- 15 Electrical & Electronic  
Engineering
- 16 Bachelor of Information



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### Systems

- 17 Bachelor of Artificial Intelligence
  - 18 Software Engineering
  - 22 Mechanical & Mechatronic Engineering
  - 23 Women in Engineering & IT Scholarships
  - 24 Flexible Engineering
  - 25 Bachelor of Cyber Security
  - 30 Chemical Process Engineering
  - 31 Renewable Energy Engineering
- 

### REGIONAL SUPPLY CHAIN & LOGISTICS

Students are invited to participate in a webinar on careers in regional supply chain and logistics.

To view dates and register, visit <https://bit.ly/42oFWvk>

### ENVIRONMENT & AGRICULTURE

Charles Sturt University is running an online information session on their amazing environmental science and agriculture courses. The session will be held on Friday 30 May between 6pm – 7.30pm.

To register your place, visit <https://bit.ly/3nRH5B>

**Pathways & Transitions Team**  
**Pina Siragusano and Kathy Karlovic**  
**Tel: 9741 4911 Ext.924/925**



victorian  
premiers'  
reading  
challenge

# WILD ABOUT READING



Penguin  
Random House  
Australia

To register, visit [vic.gov.au/premiers-reading-challenge](http://vic.gov.au/premiers-reading-challenge)

The Victorian Premiers' Reading Challenge is led by the  
Premier with the support of former premiers.



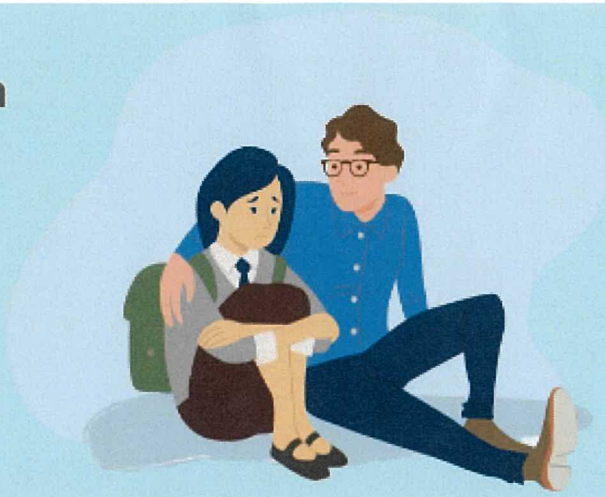




**Partners in  
Parenting**



**MONASH  
University**



## Is your teenager struggling to attend school due to anxiety, depression or emotional distress?

Be among the first to trial a new online parenting program designed to support parents of teens struggling with school attendance.

Researchers from Monash University and Deakin University are offering parents a **FREE online parenting program** designed to support parents of teenagers who have **difficulty attending school due to anxiety, depression, or emotional distress** (sometimes called 'school refusal', 'school can't', or 'school phobia'). The program is being offered as part of a research trial.

### What's included in the program?

- A parenting self-assessment tool with personalised feedback
- Up to 13 online modules with practical strategies to support your teen's mental health and school attendance
- Complete weekly modules and work towards goals

### Who can take part?

You may be eligible to participate if:

- you are the parent or guardian of a teenager aged 12-18
- live in Australia
- can read, write, and speak in English,
- have regular access to the Internet.

The program is not recommended as a sole source of support for young people experiencing school refusal. We recommend seeking professional support from a mental health or education professional alongside completing this program. Although all parents are able to take part, please also note that the program content is not tailored for parents of teenagers with Autism Spectrum Disorder or intellectual disability.

### What else is involved?

To help us evaluate the program, we'll ask you to complete two online surveys about your parenting and your teen's mental health. We may also invite you to complete an interview about your experience with the program. You'll receive a \$20 gift voucher after completing the second survey, and an additional \$20 gift voucher if you complete an interview.

### FIND OUT MORE:

**[pip-ed.web.app](https://pip-ed.web.app)**

Contact:

**[med-pip-ed@monash.edu](mailto:med-pip-ed@monash.edu)**





# FREE PARENT WEBINAR SERIES

## HOBSONSBAY

TO ASSIST PARENTS RAISING TEENAGERS  
HOBSONSBAY YOUTH SERVICES IS RUNNING  
A SERIES OF 60-MINUTE WEBINARS BASED  
ON CURRENT TRENDS AND TOPICS WE ARE  
OFTEN ASKED ABOUT

### SESSION 1: How Andrew Tate Is Influencing your son and what you can do about it

**The Man Cave**  
Monday 17 May 2023 - 7:00pm

Delivered by diverse, highly trained staff and facilitators from healthy masculinity charity, The Man Cave, this keynote will normalise challenges parents may be experiencing relating to Andrew Tate and other online influencers, as well as provide actionable take aways.

### SESSION 2: Sleeping well for teens

**Sleep Health Foundation**  
Thursday 8 June 2023 - 7:30pm

Delivered by Jade Murray from Monash University, gain up to date, evidence-based information about teenagers and sleep, the benefits of good sleep and how to overcome sleep difficulties.

### SESSION 3: Navigating the cyber world safely

**Cyber safety project**  
Tuesday 20 June - 7:00pm

Delivered by the Cyber Safety Project, this online seminar explores how parents can help tweens and teens to be confident, independent, and safe digital users. Gain practical advice on how to 'start the chat', implement 'settings for success' and learn proactive strategies to prepare young people to be safe and responsible digital citizens.

### SESSION 4: Navigating your teens' mental health

**Black Dog Institute**  
Monday 17 July 2023 - 7:00pm

Delivered by a trained presenter with a lived experience of mental ill-health, this presentation covers common mental health conditions for young people like anxiety, depression, and bi-polar disorder. It teaches parents and carers how to spot early warning signs, when and where to seek help, how to support a young person you care about and how and when to have meaningful conversations.



Scan the  
QR Code to  
register



Attend one session or all.  
Registration required.

Hobsons Bay  
**Youth Services**

**HOBSONSBAY CITY COUNCIL**



Hobsons Bay Youth Services  
9932 4000  
youth@hobsonsbay.vic.gov.au  
hobsonsbay.vic.gov.au/ParentingTeens